Lunch Menu

Wild Rocket

STARTERS

SOUP OF THE DAY – 6.95
WARM BREAD WITH BUTTER

CREAMY STILTON MUSHROOMS – 7
ON TOASTED CIABATTA AND ROCKET GARNISH

PRAWN COCKTAIL – 7.75
MARIE ROSE SAUCE, BROWN BREAD WITH BUTTER

GRILLED HALLOUMI – 7.5
HOMEMADE TOMATO & PEPPER SALSA, LEAF SALAD, BALSAMIC GLAZE

HUMMUS – 6.5
WITH PITA BREAD & OLIVES

SALT & PEPPER CALAMARI – 7.5
WITH HOMEMADE TARTARE SAUCE

PANCO BREADED CHICKEN STRIPS – 6.95
WITH SALAD, GARLIC MAYO & BBQ SAUCE

BAKED CAMEMBERT – GOOD TO SHARE - 12.95
WITH CRANBERRY SAUCE AND GARLIC BREAD

MAIN COURSE

TRADITIONAL FISH AND CHIPS – 16.5
TRIPLE COOKED CHIPS, PEAS, HOMEMADE TARTARE SAUCE

SALMON & PRAWN FISH CAKE – 15
SKINNY FRIES AND SALAD WITH FRENCH DRESSING

PAN FRIED SEABASS - 19.5
KING PRAWNS IN LEMON BUTTER SAUCE, MASHED POTATOES & VEG

PAN ROASTED SALMON FILLET – 18.5
NEW POTATOES, MIX VEG & SAUCE VIERGE

SPAGHETTI CARBONARA – 14.95
SERVED WITH GARLIC CIABATTA AND ROCKET GARNISH

GREEN PESTO TAGLIATELLE 14.95 [V]
WITH ROASTED PEANUTS, ROCKET & PARMESAN
(ADD CHICKEN £3)

CRISPY PORK BELLY - 16.5
CRUSHED SAGE & BUTTER POTATOES, MIX VEG, BLACK PUDDING AND APPLE & VANILLA GRAVY

HOMECOOKED HAM, EGG, PEAS & CHIPS – 12.5

RISOTTO OF THE DAY - 15.95

WILD ROCKET STEAK SALAD – 19.5
SIRLOIN STEAK, MIXED LEAVES, BLUE CHEESE, ONION, CROUTONS AND HOUSE DRESSING

HALLOUMI SALAD – 15.5 [V]
MIXED LEAVES WITH AVOCADO, ONION, OLIVES, BALSAMIC DRESSING & HERB CROUTONS

CHICKEN CAESAR SALAD – 15.5
ICEBERG LETTUCE TOSSED IN CAESAR DRESSING, PARMESAN, EGG, ANCHOVIES, CROUTONS

CHICKEN NEW YORKER – 17.5
BUTTERFLIED CHICKEN BREAST TOPPED WITH BACON, CHEESE & BBQ SAUCE, MIXED LEAF SALAD & FRIES

CREAMY MUSHROOM CHICKEN BREAST – 16.5
CRUSHED NEW POTATOES & MIX VEG

LAMB CUTLETS – 23
MASHED POTATOES, MIX VEG & MINT GRAVY

28 DAYS MATURED :

FILLET STEAK 8OZ – 29

SIRLOIN STEAK 8OZ – 23

TRIPLE COOKED CHIPS, GRILLED TOMATO, MUSHROOMS

STEAK SAUCES: STILTON SAUCE, PINK PEPPERCORN SAUCE , GARLIC BUTTER 2.95

GLUTEN FREE PASTA IS AVAILABLE ON PRE-ORDER OR DEPENDING ON AVAILABILITY

HOMEMADE BURGERS

ALL SERVED WITH FRIES & SIDE SALAD

HALLOUMI & SMASH AVOCADO BURGER 14.95
FRESH TOMATO & FETA CHEESE

PANKO CHICKEN BURGER 14.95
SWEET CHILI MAYO & FRESH TOMATO

WILD ROCKET BEEF BURGER 15.95
BACON, CHEESE, CRISPY ONIONS, GHERKINS & FRESH TOMATO

EXTRAS £1.50 EACH:
CHEESE, BACON, HAM, BLACK PUDDING; (UPGRADE TO SWEET POTATOES FRIES £2)

SANDWICHES

SERVED WITH SIDE SALAD

WHITE, BROWN OR GLUTEN FREE BREAD

Mature cheddar cheese and red onion – 6.75

ham & mustard – 6.95

Egg mayonnaise & rocket – 6.75

smoked salmon, cucumber & cream cheese - 8.95

Prawns in a homemade Marie rose sauce– 8.5

Tuna mayonnaise & sweetcorn – 7.5

Bacon, lettuce, tomato with tangy mayo – 7.5

Smashed avocado, feta cheese and tomato – 8

Homemade fish fingers, tartare sauce, lettuce – 9

Chicken, bacon, cheese & tomato – 8.5

sirloin steak ciabatta, stilton & red onion chutney - 16.95

ADD FRIES FOR ONLY £2.5 OR SWEET POTATO FRIES £3.5

UPGRADE FOR CIABATTA FOR £1.5

JACKET POTATOES

SERVED WITH SIDE SALAD

PLAIN – 6
CHEESE – 7.5
BEANS- 7.5
CHEESE & BEANS – 8.5
CHEESE & HAM – 8.5
TUNA & SWEETCORN – 9
PRAWN MARIE ROSE – 9.5
AVACADO SMASH – 8.5
SLAW – 7.5
CHEESE AND SLAW – 8.5

EXTRAS

Bacon, ham, cheese £1.5 each

smoked salmon, avocado, halloumi - £2.5 each

SIDES

chunky chips/fries 4.5 cheesy chips 5.5

sweet potato fries 4.95

side salad 4.95

onion rings 3

garlic ciabatta 3.5 cheesy ciabatta 5.5

Gluten Free Available

Please inform us of any food allergies or special dietary requirements